



FIESTA DIP

INGREDIENTS

- ½ cup olive oil
- ½ cup sugar
- ¾ cup apple cider vinegar
- 1 Tablespoon water
- salt & pepper
- 1 cup green onions, diced
- 1 cup green Pepper, diced (or red pepper)
- 1 cup celery, diced
- 1 cup tomato, diced (whole tomato or cherry works great)
- 1 can black beans, drain and rinse
- 1 can lentils, drain and rinse
- 1 small can niblet corn, drain and rinse

INSTRUCTIONS

Mix together olive oil, sugar, apple cider vinegar, water, salt and pepper in a saucepan bring to a boil until sugar dissolves.

Cool mixture.

Mix together the rest of the ingredients.

Once sauce has cooled combine with the veggies.

Serve with tortilla chips or as a salad for your next pot luck.

SO GOOD! Keeps in the fridge for up to 3 weeks. (if it lasts that long..lol!)

Enjoy!



Holly McIntyre
BROKER

