



BROCCOLI SALAD

INGREDIENTS

Salad:

- 2 cups of fresh broccoli
- ½ cup red onion
- ½ cup cubed cheddar
- 1 cup red cabbage
- ½ cup crumbled bacon
- ¼ roasted sunflower seeds
- ½ cup shredded carrot (optional, low carb)
- ¼ cup dried cranberries (optional, low carb)

Dressing:

- ⅓ cup mayo
- ¼ cup greek yogurt or sour cream
- 2 tbs white wine vinegar or apple cider vinegar
- 1 Tbsp sweetener
- 1 tsp celery seed
- salt and pepper

INSTRUCTIONS

In a large bowl, whisk together all dressing ingredients until smooth.

Add broccoli, red onion, cheddar, red cabbage, bacon, sunflower seeds, and any optional ingredients you're using.

Pour the dressing over the salad and toss until everything is well coated.

Cover and refrigerate overnight.

The broccoli will soften as it marinates, making it perfect by the next day.

Enjoy!



Holly McIntyre
BROKER

